



COURSE OUTLINE



This Nationally Recognised course has been developed to provide participants with a theory and practical knowledge of equipment requirements and safe work methods to be used when working at heights. The course is suitable for persons who are required to work in areas where there may be a risk of falling and those who may be required to act as standby personnel and manage or supervise persons required to work at heights. Participants completing this course will understand the legislative requirements detailed in the OH&S Regulation and relevant Botswana and International Standards, WorkCover Codes of Practice and the operation and maintenance of associated safety equipment used for working at heights.

WORKING AT HEIGHTS



By the end of the course you will be able to:

- Identify the scope and OHS requirements for the working at heights (WAH) task
- Identify the hazards and managing the risks of the WAH task
- Identifying fall prevention / fall protection options & methods
- Selecting & inspecting appropriate tools and equipment for the specific WAH task
- Safely installing equipment for the WAH task
- Inspecting, fitting & safe use of Harnesses
- Safely performing work at heights
- Follow and execute emergency procedures & rescue of a suspended worker
- Safely dismantling, cleaning, inspecting and storing working at heights tools & equipment

COURSE OBJECTIVES

The aim of the course is to give enhanced awareness of the dangers of working at height. Not only to those working above ground level but also those at ground level who may still be injured from a fall. For example, working alongside an unguarded inspection pit would be just as hazardous 'working at height' as there is the potential for a fall resulting in injury or even death. Due care must also be given to colleagues and members of the public who may be injured on the ground by those working above.

- 'Working at height' will be defined and explained.
- Risk assessment in relation to working at height will be taught.
- Health and Safety legislation applicable to the situation will be clarified.
- Planning work, choosing equipment and basic maintenance and safety procedures will be addressed.
- Hazard identification when working at height will be explained.
- The merits of risk assessment and safety inspections for all those who work at a height will be covered.

COURSE OVERVIEW

